



Mending Our Hearts

An 11-week grief support group

March 6, 2023 – May 8, 2023

Mondays from 6:30 P.M. – 8:30 P.M.

@CrossBridge

For more information and to register,
call (205) 228-0600 and ask for David Kohn

Mending Our Hearts is a Grief Support Group for people who have suffered the death of a loved one. This is a support opportunity where you will journey with a small group of up to 15 people who are suffering from the deaths of their loved ones. **This group will remain open for anyone, at any session.**

David Kohn, who will be facilitating this group, has his M.A. in Pastoral Counseling and is a Board Certified Chaplain. He works as the Bereavement Coordinator for Alabama Hospice Care Birmingham.